

REST AND RESTORATION? OR REJECTION?

LUKE 6:1-11

1. As Lord of the Sabbath, Jesus is our ultimate Rest. (Luke 6:1-5)

a. Sabbath is to Rest and Rely.

b. Sabbath is to Remember.

c. Sabbath is to Rejoice.

2. Jesus has come to Restore what has become Useless.

(Luke 6:6-10)

3. The ultimate question: Will we Reject His Mercy?

(Luke 6:11)



FURTHER UP, FURTHER IN

1. Habits can shape our lives in many ways. What is a habit you've formed that has been beneficial to you, and what's one you've struggled to break?
2. Read Luke 6:1-10. How do you see the Pharisees' understanding of the Sabbath being challenged by Jesus' response? What does this reveal about their hearts?
3. Jesus refers to Himself as the "Lord of the Sabbath" (Luke 6:5). How does this declaration influence our understanding of rest and worship under the New Covenant, and what implications does it have for our daily lives as believers?
4. How does your celebration of Sabbath reflect "Rest/Rely", "Remember" and "Rejoice"?
5. Reflect on the Pharisees' response in Luke 6:11. Why do you think their reaction was so extreme, and what does it say about their refusal to accept Jesus' authority? How do you see this reflected in our world today?
6. Jesus restores what is withered and useless. In what areas of your life do you need Jesus' restoration, and how can you open yourself up to His healing and grace?
7. The ultimate question posed in the message is: "Will we reject His mercy?" How does this challenge your relationship with Jesus, and what steps can you take to more fully accept His mercy and grace?

"I have come home at last! This is my real country! I belong here. This is the land I have been looking for all my life, though I never knew it till now.... Come further up, come further in!" — C.S. Lewis, The Last Battle